

## **Experiential Workshop on Adulthood**

Sunday, April 30, 2023, from 10:30 to 13:30,  
in the Lyceum Club of Greek Women  
(32 Demokratias Str., Mirina, Lemnos Island)

The **European Forum for Freedom in Education (effe)**

in cooperation with the program "**Where is Ypsipili hiding?**"  
is inviting you to a workshop about Adulthood.

**Adulthood** is the first form of discrimination that all people face on the grounds of their young age. It is the source of a series of ideas and actions, which undermine the real capabilities of children and ban adults from taking them seriously and sharing with them real feelings and responsibilities.

**Our aim** is to detect (and possibly revise) adulthood in our personal and professional contact with children and young people.

We will methodologically use **psychodrama**, an experiential method of detecting the truth, which is globally used in sectors such as education and psychotherapy.

### **Facilitators:**

**Katerina Varella**, MA in Childhood Studies and Children's Rights, who will share knowledge and experience related to adulthood **and**

**Ioanna Petrissi**, elementary school teacher and psychodramatist, who will make sure that the workshop is based on the participants' own experiences.

The participation in the workshop is **free of charge** and leads to the acquisition of a **Certificate of Participation**.

**For registration**, please contact Ms. Fani Lougklou  
(tel. +30 6973401177) until **Friday, April 21**.

**We will be glad to have you with us!**